



# LION BEER AUSTRALIA – PRODUCT NUTRITION INFORMATION

BEERS	Package Volume	Servings	ABV	Carbohydrate – Total		Carbohydrate – Sugars		Energy				Standard Drinks	Sodium		Protein		Dietary Fibre		Fat – Total		Fat – Saturated	
	mL	Package	%	g/100 mL	Per Serve	g/100 mL	Per Serve	kJ/100 mL	kJ/ Serving	Calories/100 mL	Calories/ Serving		mg/100 mL	Per Serve	g/100 mL	Per Serve	g/100 mL	Per Serve	g/100 mL	Per Serve	g/100 mL	Per Serve
Emu Bitter	375	1	4.0	2.2	8.1	0.2	0.8	137	515	33	123	1.2	4	14	0.3	1.1	0.4	1.5	<0.2	<0.8	<0.1	<0.4
Emu Draft	375	1	3.0	2.8	10.5	0.1	0.4	125	469	30	112	0.9	4	14	0.3	1.1	0.4	1.5	<0.2	<0.8	<0.1	<0.4
Emu Export	375	1	4.2	2.0	7.6	0.3	1.1	140	523	33	125	1.2	3	11	0.3	1.1	0.4	1.5	<0.2	<0.8	<0.1	<0.4
Hahn Super Dry	330	1	4.6	0.7	2.2	0.1	0.3	126	415	30	99	1.2	3	8	0.3	1.0	0.4	1.3	<0.2	<0.7	<0.1	<0.3
Hahn Super Dry 3.5	330	1	3.5	0.7	2.2	0.1	0.3	99	326	24	78	0.9	3	9	0.2	0.7	0.4	1.3	<0.2	<0.7	<0.1	<0.3
James Boag's Draught	375	1	4.6	2.2	8.4	0.1	0.4	152	571	36	137	1.4	2	8	0.3	1.1	0.4	1.5	<0.2	<0.8	<0.1	<0.4
James Boag's Premium	375	1	5.0	2.3	8.7	0.1	0.4	163	611	39	146	1.5	2	8	0.3	1.1	0.6	2.3	<0.2	<0.8	<0.1	<0.4
James Boag's Premium Light	375	1	2.7	1.8	6.9	0.1	0.4	100	376	24	90	0.8	2	8	0.2	0.8	0.5	1.9	<0.2	<0.8	<0.1	<0.4
James Squire The Chancer Golden Ale	345	1	4.5	2.9	10.1	0.1	0.3	167	576	40	138	1.2	2	8	0.6	2.1	0.4	1.4	<0.2	<0.7	<0.1	<0.3
James Squire 150 Lashes Pale Ale	345	1	4.2	2.6	9.0	0.1	0.3	153	527	37	126	1.1	3	10	0.5	1.7	0.4	1.4	<0.2	<0.7	<0.1	<0.3
Kirin Megumi	330	1	5.0	2.4	7.9	0.1	0.3	164	542	39	130	1.3	5	16	0.3	1.0	0.7	2.6	<0.2	<0.7	<0.1	<0.3
Kosciuszko Pale Ale	330	1	4.5	2.8	9.1	0.1	0.3	162	535	39	128	1.2	3	10	0.5	1.7	0.4	1.3	<0.2	<0.7	<0.1	<0.3
Little Creatures Bright Ale	330	1	4.5	3.2	10.6	0.1	0.3	173	572	41	137	1.2	3	10	0.7	2.3	0.4	1.3	<0.2	<0.7	<0.1	<0.3
Little Creatures IPA	330	1	6.4	3.5	11.7	0.6	2.0	221	729	53	174	1.7	3	10	0.6	2.0	0.4	1.3	<0.2	<0.7	<0.1	<0.3
Little Creatures Pale Ale	330	1	5.2	3.9	12.8	0.1	0.3	197	651	47	156	1.4	3	10	0.5	1.7	0.4	1.3	<0.2	<0.7	<0.1	<0.3
Little Creatures Pilsner	330	1	4.6	2.6	8.6	0.1	0.3	160	528	38	126	1.2	3	10	0.4	1.3	0.4	1.3	<0.2	<0.7	<0.1	<0.3
Little Creatures Rogers	330	1	3.8	3.3	11.0	0.1	0.3	154	509	37	122	1.0	5	15	0.4	1.3	0.4	1.3	<0.2	<0.7	<0.1	<0.3
Swan Draught	375	1	4.4	2.1	7.9	0.3	1.1	146	546	35	131	1.3	4	14	0.3	1.1	0.4	1.5	<0.2	<0.8	<0.1	<0.4
Tooheys Extra Dry	345	1	4.6	2.2	7.6	0.1	0.3	152	523	36	125	1.3	3	10	0.3	1.0	0.4	1.4	<0.2	<0.7	<0.1	<0.3
Tooheys New	375	1	4.6	2.5	9.2	0.1	0.4	158	592	38	142	1.4	3	11	0.4	1.5	0.4	1.5	<0.2	<0.8	<0.1	<0.4
Tooheys Old	375	1	4.4	2.5	9.3	0.1	0.4	152	569	36	136	1.3	5	17	0.3	1.1	0.4	1.5	<0.2	<0.8	<0.1	<0.4
Tooheys Darling Pale Ale	375	1	4.4	2.6	9.6	0.1	0.4	157	587	37	140	1.3	3	11	0.5	1.9	0.4	1.5	<0.2	<0.8	<0.1	<0.4
West End Draught	375	1	4.5	2.2	8.2	0.2	0.8	147	552	35	132	1.3	3	11	0.2	0.8	0.4	1.5	<0.2	<0.8	<0.1	<0.4
White Rabbit Belgian Pale Ale	330	1	4.9	2.9	9.6	0.3	1.0	184	609	44	146	1.3	3	10	1.1	3.6	0.4	1.3	<0.2	<0.7	<0.1	<0.3
White Rabbit Dark Ale	330	1	4.9	3.8	12.6	0.1	0.3	189	625	45	150	1.3	3	10	0.5	1.7	0.4	1.3	<0.2	<0.7	<0.1	<0.3
White Rabbit White Ale	330	1	4.5	3.4	11.3	0.1	0.3	170	562	41	134	1.2	6	20	0.3	1.0	0.4	1.3	<0.2	<0.7	<0.1	<0.3
XXXX Gold	375	1	3.5	1.9	7.1	0.1	0.4	121	454	29	109	1.0	4	16	0.3	1.1	0.4	1.5	<0.2	<0.8	<0.1	<0.4
XXXX Summer Bright Lager	330	1	4.2	0.8	2.7	0.1	0.3	119	393	28	94	1.1	5	17	0.3	1.0	0.4	1.3	<0.2	<0.7	<0.1	<0.3

